

NAME/ADDRESS of CLINIC/PROVIDER  
**TREATMENT PLAN OF CARE**

\_\_\_\_\_ Initial Treatment Plan

\_\_\_\_\_ Updated Treatment Plan

Date \_\_\_\_\_ Patient \_\_\_\_\_ Patient DOB \_\_\_\_\_

**Diagnosis/Clinical Impression #1:**

\_\_\_\_\_  
 \_\_\_\_\_  
 Complicated by: \_\_\_\_\_  
 Associated with: \_\_\_\_\_  
 Resulting in: \_\_\_\_\_  
 ICD \_\_\_\_\_ Codes: \_\_\_\_\_

**Diagnosis/Clinical Impression #2:**

\_\_\_\_\_  
 \_\_\_\_\_  
 Complicated by: \_\_\_\_\_  
 Associated with: \_\_\_\_\_  
 Resulting in: \_\_\_\_\_  
 ICD \_\_\_\_\_ Codes: \_\_\_\_\_

**Recommended Spinal Manipulation Frequency:**

Daily \_\_\_\_\_ 2 x wk \_\_\_\_\_ 1 x mo \_\_\_\_\_  
 3 x wk \_\_\_\_\_ 1 x wk \_\_\_\_\_

**Therapy:**

|            |                |                 |            |
|------------|----------------|-----------------|------------|
| Type _____ | Location _____ | Frequency _____ | Time _____ |
| Type _____ | Location _____ | Frequency _____ | Time _____ |
| Type _____ | Location _____ | Frequency _____ | Time _____ |

**Rehab:**

|                         |              |               |
|-------------------------|--------------|---------------|
| Cervical: Passive _____ | Active _____ | General _____ |
| Lumbar: Passive _____   | Active _____ | General _____ |

**Structural Support:**

Cervical Pillow \_\_\_\_\_ Cervical Collar Soft \_\_\_\_\_ Firm \_\_\_\_\_  
 Lumbar Cushion \_\_\_\_\_ Lumbar Belt Soft \_\_\_\_\_ Firm \_\_\_\_\_  
 Extremity: Shoulder \_\_\_\_\_ Elbow \_\_\_\_\_ Wrist \_\_\_\_\_ Knee \_\_\_\_\_ Ankle \_\_\_\_\_ Other \_\_\_\_\_

**Short Term Goals:**

Reassessment \_\_\_\_\_ week(s)/month(s)  
 \_\_\_\_\_ % Improvement within \_\_\_\_\_ weeks.

**Long Term Goals:**

\_\_\_\_\_ % Improvement Other \_\_\_\_\_

Reports: Yes No Due Date \_\_\_\_\_ Type: PI WC IME Interim Insurance Special

Follow Up Procedures: Lab \_\_\_\_\_ Nutrition \_\_\_\_\_ Supports \_\_\_\_\_ Exercises \_\_\_\_\_  
 X-ray \_\_\_\_\_

**RESTRICTIONS**

Bed Rest \_\_\_\_\_ Guarded Movement \_\_\_\_\_ Athletic Activity \_\_\_\_\_  
 Cervical: Flexion \_\_\_\_\_ Extension \_\_\_\_\_ Lateral Flexion \_\_\_\_\_ Sleeping \_\_\_\_\_  
 Lumbar: Sitting \_\_\_\_\_ Bending \_\_\_\_\_ Stooping \_\_\_\_\_ Lifting \_\_\_\_\_ Other \_\_\_\_\_  
 Other Restrictions: \_\_\_\_\_

Treatment Plan

Reviewed/Prepared by: Print Name of Provider

Provider Signature \_\_\_\_\_

Date \_\_\_\_\_ Patient \_\_\_\_\_ Patient DOB \_\_\_\_\_

**SPECIAL INSTRUCTIONS**

Home Instructions: Ice \_\_\_\_\_ Heat \_\_\_\_\_ Hot Soaking \_\_\_\_\_ Lying On Back, Legs Up \_\_\_\_\_  
 Sleeping Position \_\_\_\_\_ Cervical Pillow \_\_\_\_\_ Wearing Supports \_\_\_\_\_ Auto position \_\_\_\_\_ Lifting \_\_\_\_\_  
 Changing Positions: Bed \_\_\_\_\_ Auto \_\_\_\_\_ Seated Position \_\_\_\_\_ Other \_\_\_\_\_  
 Pamphlets: Speedy Recovery \_\_\_\_\_ After Neck Injury \_\_\_\_\_ Bad Back \_\_\_\_\_ Other \_\_\_\_\_  
 Patient Education: Back School \_\_\_\_\_ Other \_\_\_\_\_

**PATIENT EMPLOYMENT**

Off Work: From \_\_\_\_\_ To \_\_\_\_\_ Home: Rest \_\_\_\_\_ Bed Rest \_\_\_\_\_ Guarded \_\_\_\_\_  
 Light Duty: From \_\_\_\_\_ To \_\_\_\_\_ Description \_\_\_\_\_  
 Lifting Restrictions: \_\_\_\_\_ Special \_\_\_\_\_  
 Other \_\_\_\_\_

**LIFESTYLE/DIET MODIFICATION/NUTRITIONAL SUPPORT**

\_\_\_\_\_ None Recommended  
 \_\_\_\_\_ Recommendations: \_\_\_\_\_

**CONSULTATION**

\_\_\_\_\_ None recommended at this time.

\_\_\_\_\_ Referral to \_\_\_\_\_  
 For: \_\_\_\_\_

|                             |
|-----------------------------|
| Scheduled / / Time: : AM/PM |
| Provider _____              |
| Confirmed with Patient      |
| By _____                    |

**ADDITIONAL DIAGNOSTIC TESTING**

\_\_\_\_\_ None recommended at this time  
 \_\_\_\_\_ Following additional studies recommended

|   |  |   |
|---|--|---|
| <p><u>Diagnostic Imaging</u></p> <p>_____ Arthrography<br/>                 _____ Computer Tomography (CT)<br/>                 _____ Contrast Enhanced CT<br/>                 _____ Contrast Enhanced MRI<br/>                 _____ Diagnostic Ultrasound<br/>                 _____ Discography<br/>                 _____ Fluoroscopy<br/>                 _____ Magnetic Resonance Imaging (MRI)<br/>                 _____ Positive Emission Tomography (PET)<br/>                 _____ Radionuclide Bone Scan<br/>                 _____ Thermography<br/>                 _____ Videofluorography<br/>                 _____ Other _____<br/>                 _____ Other _____</p> | <p><u>Electrodiagnostics</u></p> <p>_____ Brain Electrical Activity Mapping<br/>                 _____ Brain Stem Auditory Evoked Response<br/>                 _____ Electroencephalography<br/>                 _____ Electronystagmography<br/>                 _____ EMG (Needle)<br/>                 _____ Magnetoencephalography<br/>                 _____ Nerve Conduction Velocity<br/>                 _____ Peripheral Electrodiagnostics<br/>                 _____ Somatosensory Evoked Potential<br/>                 _____ Surface Electrode EMG<br/>                 _____ Visual Evoked Response<br/>                 _____ Other _____</p> <p><u>Rehabilitation</u></p> <p>_____ Evaluation<br/>                 _____ Referral</p> | <p><u>Laboratory</u></p> <p>_____ CBS<br/>                 _____ ESR<br/>                 _____ SMAC12<br/>                 _____ SMAC24<br/>                 _____ Urinalysis (DS)<br/>                 _____ Urinalysis (Micr)</p> <p><u>Profiles</u></p> <p>_____ Anemia<br/>                 _____ Cardiac<br/>                 _____ Hypertension<br/>                 _____ Joint<br/>                 _____ Lipid<br/>                 _____ Liver<br/>                 _____ Metabolic Bone<br/>                 _____ Pancreas<br/>                 _____ Pregnancy<br/>                 _____ Skeletal Mus<br/>                 _____ Thyroid<br/>                 _____ Urinary Tract<br/>                 _____ Other _____</p> |
|---|--|---|

|                             |
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Provider Signature \_\_\_\_\_